
Contents

Acknowledgments ix
Abbreviations xi
Note to the Reader xv

Introduction 1

1. *Violet Vapors* 11
2. *A Molecule of Mystery* 29
3. *Thyroids in a Chemical Soup* 49
4. *Losing It: Undoing Brain Evolution* 75
5. *The Alarming Increase in Autism* 93
6. *From DNA to Epigenetics* 113
7. *Counting the Costs* 137
8. *Who Really Picks Up the Bill?* 159
9. *Time to Act and How to Act* 179

GLOSSARY 207

NOTES 211

REFERENCES 223

INDEX 245